



Rhayader 5K Race Series 2018

First Race

Position	Time	Number	Person	Category	Club
1	16:42:00	111	Tim Iveson	v35	builth
2	17:09:00	34	Jamie Crawford	senior	Aber
3	17:12:00	42	Ffion Price	senior	Cardiff
4	17:32:00	50	Rob Johnson	v35	Aber
5	17:35:00	61	Neil Godsell	v35	maldwyn
6	17:47:00	59	Gethin Holland	senior	Aber
7	18:07:00	24	Ollie Jones	<20	maldwyn
8	18:10:00	39	Heidi Davies	Senior	Brecon
9	18:27:00	78	Jimmy Carter	v35	Meirionnydd
10	18:29:00	35	Ed Gronbech	<20	Aber
11	18:39:00	21	Martin Copus	senior	maldwyn
12	18:56:00	65	Phil Kendrick	v55	Rhayader
13	19:04:00	36	Samual Blades	senior	Aber
14	19:04:00	13	Jonathon Sims	senior	
15	19:15:00	57	Charlie Northey	v45	Brecon
16	19:17:00	110	Sion Parry	v35	Builth
17	19:18:00	14	Martyn Davies	v35	
18	19:20:00	18	Lee Shackleton	v45	maldwyn
19	19:40:00	30	Rhiannon Kamink	<20	Aber
20	19:54:00	15	Gareth Sims	senior	
21	20:08:00	29	Margo Martin	senior	Aber
22	20:11:00	96	Aled Breeze	<20	maldwyn
23	20:28:00	28	Kieran Holland	senior	Aber
24	20:28:00	27	Adam Mousley	senior	Aber
25	20:35:00	31	Nick Williams	v45	
26	20:36:00	40	Joshua Oram	<20	Aber
27	20:39:00	63	Paul Thomas	v45	maldwyn
28	20:40:00	103	Jenny Evans	v35	maldwyn
29	20:43:00	8	Charlotte Broadhurst	<20	Kidderminster
30	20:43:00	82	Justin Baird-Murrey	v45	rhayader
31	20:52:00	80	Mike Warrick	v65	rhayader
32	20:54:00	17	Madeline Griffiths	<20	maldwyn
33	21:02:00	41	Carwyn Price	senior	Rhayader
34	21:23:00	22	Jake Beeson	<20	maldwyn
35	21:26:00	45	Jamie Dumayne	senior	Aber
36	21:37:00	20	Lizzy Cockle	senior	maldwyn
37	21:48:00	16	Kevin Jones	v35	Maldwyn
38	21:48:00	33	Gerald Hedderick	senior	Aber
39	22:00:00	114	Alex Powell	<20	
40	22:01:00	1	Tony Davies	v45	rhayader
41	22:08:00	19	Andrew Sherlock	v45	maldwyn
42	22:23:00	113	Christian Prynne	v45	builth
43	22:29:00	85	Iwan Smout	<20	maldwyn
44	22:31:00	56	Ifan Jones	v45	maldwyn
45	22:42:00	81	Steven Smith	v35	Rhayader
46	22:55:00	68	Gunvor Troelsen	v45	Builth
47	23:10:00	99	Amelia Greaves	v35	rhayader
48	23:10:00	109	Paul Corson	v35	
49	23:17:00	3	Alun Jenkins	v45	rhayader
50	23:20:00	51	Ceris Lloyd	<20	
51	23:21:00	94	Carys Breeze	<20	maldwyn
52	23:24:00	58	Kevin Holland	v55	Aber



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Position	Time	Number	Person	Category	Club
53	23:27:00	43	Shana Stewardson	<20	Bridgnorth
54	23:41:00	84	Keana McCosh	senior	
55	23:45:00	70	Bryan Clee	v45	Presteigne
56	00:24:06	88	Jacqui Leary	v35	maldwyn
57	00:24:11	23	Chris Copus	v55	maldwyn
58	00:24:22	93	Jayne Breeze	v35	maldwyn
59	00:24:25	9	Steve Orrells	v65	Maldwyn
60	00:24:27	73	Cecilia Harman	v35	Rhayader
61	00:24:43	48	Roy Williams	v55	Rhayader
62	00:24:43	83	Judy Baird-Murray	v45	rhayader
63	00:24:58	95	Glenn Thomas	senior	
64	00:25:01	86	Jo Lewis	v35	maldwyn
65	00:25:02	64	Suzanne Kendrick	v55	Rhayader
66	00:25:06	26	Chloe Murton-Davies	<20	maldwyn
67	00:25:14	47	Rose Thomas	v65	Rhayader
68	00:25:15	97	Piper Lloyd	<20	maldwyn
69	00:25:24	77	Desirre Lubran	v35	rhayader
70	00:25:29	49	Gareth Morris	v45	builth
71	00:25:42	67	Amy Davies	senior	Builth
72	00:25:48	76	Elaine Everett	v35	Rhayader
73	00:25:59	72	Cath Ealey-Fitzgerald	v45	Rhayader
74	00:26:10	32	Molly Burkmar	<20	Aber
75	00:26:13	2	Alex Griffiths	<20	Rhayader
76	00:26:13	4	Adam Morton	v45	rhayader
77	00:26:18	44	Emma Stewardson	v35	Ludlow
78	00:26:20	89	Bradlee Joseph	<20	
79	00:26:26	38	Rob Hood	<20	Aber
80	00:26:30	79	Stephanie Warrick	v65	Rhayader
81	00:26:31	60	Nathan Goode	v35	
82	00:26:36	69	Jenny Farrow	v35	
83	00:26:38	10	Ray Sharratt	v75	Rhayader
84	00:26:42	66	Nicola Kelly	v45	Builth
85	00:27:06	46	Isabelle Frewin	<20	
86	00:27:22	11	David Knight	v45	
87	00:27:25	52	Jan Shanahan	v45	Maldwyn
88	00:27:26	25	Sally Murton-Davies	<20	maldwyn
89	00:27:37	12	Angela Davies	v45	rhayader
90	00:27:38	87	William Owen	<20	maldwyn
91	00:27:39	37	Feliatas Kaisers	senior	Aber
92	00:27:44	71	Deb Clee	v45	Presteigne
93	00:27:49	53	Emma Jones	v35	maldwyn
94	00:28:00	102	Michelle Hall	v45	Rhayader
95	00:28:00	100	Joe Pullen	v45	
96	00:28:09	55	Diana Jones	v45	maldwyn
97	00:28:13	5	Nondus Banning-Boddy	v65	Rhayader
98	00:28:38	104	Toni Hughes		senior
99	00:28:42	6	Peter Hogarth	v65	
100	00:28:50	91	Helen Stretch	v65	Aber
101	00:28:58	98	Ruth Bronsor		senior
102	00:29:13	112	Jane Kerr	v45	builth
103	00:29:21	54	Hayley Hughes	V35	maldwyn
104	00:29:53	108	Caroline Moscrop	v45	BTR runners



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Position	Time	Number	Person	Category	Club
105	00:29:58	105	Karen Oakley	v45	
106	00:30:35	90	Shan Breese	v55	Aber
107	00:32:15	62	Katy Godsell	senior	maldwyn
108	00:32:26	106	Debbie Brooks	v35	
109	00:34:16	107	Andrea Burton	senior	
110	00:34:36	92	Marjorie Griffiths	v65	Bro Dysynni
111	00:34:40	7	Caroline Orrells	V55	Maldwyn
112	00:34:59	74	Emma Palmer	v35	
113	00:34:59	75	Greg Palmer	v45	
114		101	Phil Morris	v35	Brecon



Rhayader 5K Race Series 2018

Second Race 23/05/2018

Position	Time	Number	Person	Category	Club	Gender
1	16.50	111	Tim Iveson	Mv35	Builth	M
2	16.57	42	Ffion Price	FS	Cardiff	F
3	17.24	101	Phil Morris	Mv35	Brecon	M
4	17.48	151	Gethin Holland	MS	Aber AC	M
5	18.24	39	Heidi Davies	FS	Brecon	F
6	18.26	118	Martin Copus	MS	Maldwyn	M
7	19.08	159	Jimmy Carter	Mv35	Meirionnydd	M
8	19.18	156	Martin Davies	Mv35		M
9	19.20	57	Charlie Northey	Mv45	Brecon	M
10	19.27	152	Sion Parry	Mv35	Builth	M
11	19.30	147	Aled Breeze	M<20	Maldwyn	M
12	19.47	116	Donna Morris	FS	Brecon	F
13	19.48	155	Chris Lewis	MS		M
14	19.53	13	Jonathon Sims	MS		M
15	19.58	15	Gareth Sims	MS		M
16	20.20	132	Tiegan Ward	F<20	Brecon	F
17	20.26	17	Madeline Griffiths	F<20	Maldwyn	F
18	20.30	128	Patrick Gray	FS		M
19	20.34	82	Justin Baird-Murray	Mv45	Rhayader	M
20	20.51	41	Carwyn Price	MS	Rhayader	M
21	20.57	145	Joanne Rees	Fv35	Rhayader	F
22	21.00	158	Jenny Evans	Fv35	Maldwyn	F
23	21.07	4	Adam Morton	Mv45	Rhayader	M
24	21.24	134	Charlotte Broadhurst	F<20	Kidderminster	F
25	21.30	141	Richard Davies	M<20	Rhayader	M
26	21.33	135	Alex Powell	M<20		M
27	21.38	117	Richard Titcombe	Mv45	Maldwyn	M
28	21.38	150	Phillip Pugh	MS	Maldwyn	M
29	21.43	157	Phil Phillips	Mv55		M
30	21.47	19	Andrew Sherlock	Mv45	Maldwyn	M
31	21.48	20	Lizzy Cockle	FS	Maldwyn	F
32	21.50	115	Piotr Stresak	Mv55	Presteigne Pacers	M
33	21.54	125	Zac Warren	M<20	Maldwyn	M
34	21.55	124	Iwan Smout	M<20	Maldwyn	M
35	22.14	1	Tony Davies	Mv45	Rhayader	M
36	22.17	81	Steven Smith	Mv35	Rhayader	M
37	22.36	68	Gunvor Troelsen	Fv45	Builth	F
38	23.03	146	Carys Breeze	F<20	Maldwyn	F
39	23.06	3	Alun Jenkins	Mv45	Rhayader	M
40	23.15	70	Bryan Clee	Mv45	Presteigne	M
41	23.18	99	Amelia Greaves	Fv35	Rhayader	F
42	23.22	142	Dan George	Mv35	Maldwyn	M
43	23.39	130	Ben Wood	Mv35	Maldwyn	M
44	23.42	109	Paul Corson	Mv35		M
45	23.45	120	Chris Copus	Mv55	Maldwyn	M
46	23.47	133	Nicola Davies	Fv45		F
47	24.06	122	Bradlee Joseph	M<20	Maldwyn	M
48	24.20	137	Helen Owen	Fv45	Maldwyn	F
49	24.23	121	Jacqui Leary	Fv35	Maldwyn	F
50	24.26	9	Steve Orrells	Mv65	Maldwyn	M
51	24.28	149	Jayne Breeze	Fv35	Maldwyn	F
52	24.41	162	Roy Williams	Mv55	Rhayader	M



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Second Race 23/05/2018

Position	Time	Number	Person	Category	Club	Gender
53	24.53	148	Glenn Thomas MS			M
54	25.03	77	Desirre Lubran	Fv35	Rhayader	F
55	25.10	76	Elaine Everett	Fv35	Rhayader	F
56	25.38	126	Jo Lewis	Fv35	Maldwyn	F
57	25.41	47	Rose Thomas	Fv65	Rhayader	F
58	25.44	143	Sam Evans	Mv35		M
59	25.51	131	Caroline Farr	Fv45		F
60	25.58	136	Will Owen	M<20	Maldwyn	M
61	26.00	46	Isabelle Frewin	F<20		F
62	26.03	139	Gareth Morris	Mv45		M
63	26.25	129	Rachel Williams	FS	Maldwyn	F
64	26.28	144	Dan Forrester	Mv35		M
65	26.33	123	John Evans	Mv65	Aber AC	M
66	26.38	11	David Knight	Mv45		M
67	26.56	52	Jan Shanahan	Fv45	Maldwyn	F
68	27.10	10	Ray Sharratt	Mv75	Rhayader	M
69	27.18	66	Nicola Kelly	Fv45	Builth	F
70	27.20	154	Llinos Hughes	Fv45	Maldwyn	F
71	27.25	12	Angela Davies	Fv45	Rhayader	F
72	27.27	127	Felizitas Kaiser	FS	Aber Uni	F
73	27.30	102	Michelle Hall	Fv45	Rhayader	F
74	27.44	71	Deb Clee	Fv45	Presteigne	F
75	28.00	60	Nathan Goode	Mv35		M
76	28.19	153	Janice Thomas	Fv45	Maldwyn	F
77	28.24	6	Peter Hogarth	Mv65		M
78	28.26	53	Emma Jones	Fv35	maldwyn	F
79	28.37	5	Nondus Banning-Boddy	Fv65	Rhayader	F
80	29.06	104	Toni Hughes	FS		F
81	29.23	55	Diana Jones	Fv45	Maldwyn	F
82	29.44	112	Jane Kerr	Fv45	Builth	F
83	30.08	160	Karen Oakley	Fv45	JM	F
84	30.57	54	Hayley Hughes	Fv35	Maldwyn	F
85	32.00	90	Shan Breese	Fv55	Aber AC	F
86	32.46	161	Joanne Davies	Fv45	JM	F
87	35.30	92	Marjorie Griffiths	Fv65	Bro Dysynni	F
88	38.02	119	Cath Sherlock	Fv35	Maldwyn	F
89	38.02	7	Caroline Orrells	Fv55	Maldwyn	F
90	38.38	138	Janine Bailey	Fv35		F
91	40.03	140	Charlotte Williams	FS	JM	F
92	49.30	107	Andrea Burton	FS		F
93	49.30	108	Caroline Moscrop	Fv45	BTR runners	F



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Position	Time	Number	Person	Category	Club	Gender
01	17.21	101	Phil Morris	Mv35	Brecon	M
02	17.38	42	Ffion Price	FS	Cardiff	F
03	17.44	50	Rob Johnson	Mv35	Aber AC	M
04	18.03	61	Neil Godsell	Mv35	Maldwyn	M
05	18.14	180	Oliver Jones	M<20	Maldwyn	M
06	18.14	172	Martin Copus	MS	Maldwyn	M
07	18.17	186	Llyr Abeinon	M<20	Aber AC	M
08	18.50	211	Jimmy Carter	Mv35	Meirionnydd	M
09	18.58	184	Iwan Coyle	M<20	Brecon	M
10	19.07	177	Darren Jarman	Mv35	Maldwyn	M
11	19.13	13	Jonathon Sims	MS		M
12	19.21	212	Martin Davies	Mv35		M
13	19.27	173	Lee Shackleton	Mv45	Maldwyn	M
14	19.38	205	Aled Breeze	M<20	Maldwyn	M
15	19.45	15	Gareth Sims	MS		M
16	19.51	65	Phil Kendrick	Mv55	Rhayader	M
17	19.56	57	Charlie Northey	Mv45	Brecon	M
18	19.57	198	Caryl Davies	FS	Sarn Helen	F
19	20.15	174	Donna Morris	FS	Brecon	F
20	20.17	200	Tiegan Ward	F<20	Brecon	F
21	20.21	190	Mike Warrick	Mv65	Rhayader	M
22	20.31	167	Daniel Owen	Mv35	Maldwyn	M
23	20.37	175	Bryan Bebb	Mv45	Maldwyn	M
24	20.46	63	Paul Thomas	Mv45	Maldwyn	M
25	20.51	193	David Manuel	Mv45	Maldwyn	M
26	21.01	17	Madeline Griffiths	F<20	Maldwyn	F
27	21.17	163	Jake Beeson	M<20	Maldwyn	M
28	21.29	168	Richard Titcombe	Mv45	Maldwyn	M
29	21.42	81	Steven Smith	Mv35	Rhayader	M
30	21.44	19	Andrew Sherlock	Mv45	Maldwyn	M
31	21.54	189	Richard Davies	M<20	Rhayader	M
32	21.56	20	Lizzy Cockle	FS	Maldwyn	F
33	21.59	43	Shana Stewardson	F<20	Bridgnorth	F
34	22.00	199	Alex Powell	M<20		M
35	22.05	192	Piotr StrZesak	Mv55	Presteigne Pacers	M
36	22.14	181	Iwan Smout	M<20	Maldwyn	M
37	22.40	68	Gunvor Troelsen	Fv45	Builth	F
38	22.42	51	Ceris Lloyd	F<20		F
39	22.49	164	Paul Beeson	Mv45	Maldwyn	M
40	22.58	3	Alun Jenkins	Mv45	Rhayader	M
41	23.08	99	Amelia Greaves	Fv35	Rhayader	F
42	23.14	56	Ifan Jones	Mv45	Maldwyn	M
43	23.18	70	Bryan Clee	Mv45	Presteigne	M
44	23.30	202	Ben Wood	Mv35	Maldwyn	M
45	23.33	183	Nicola Davies	Fv45		F
46	23.40	203	Carys Breeze	F<20	Maldwyn	F
47	24.05	109	Paul Corson	Mv35		M
48	24.08	9	Steve Orrells	Mv65	Maldwyn	M
49	24.17	204	Jayne Breeze	Fv35	Maldwyn	F
50	24.39	77	Desirre Lubran	Fv35	Rhayader	F
51	24.49	185	Einion Gruffydd	Mv45		M
52	24.56	187	Paul Bailey	Mv45		M



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Position	Time	Number	Person	Category	Club	Gender
53	25.03	76	Elaine Everett	Fv35	Rhayader	F
54	25.10	64	Suzanne Kendrick	Fv55	Rhayader	F
55	25.16	171	Will Owen	M<20	Maldwyn	M
56	25.16	170	Andre Hutchinson	Fv45	Maldwyn	F
57	25.27	182	Jo Lewis	Fv35	Maldwyn	F
58	25.29	208	Gareth Morris	Mv45		M
59	25.33	206	Glenn Thomas	MS		M
60	25.39	47	Rose Thomas	Fv65	Rhayader	F
61	25.52	10	Ray Sharratt	Mv75	Rhayader	M
62	25.56	207	Piper Lloyd	F<20	Maldwyn	F
63	26.00	60	Nathan Goode	Mv35		M
64	26.11	201	Rachel Williams	FS	Maldwyn	F
65	26.13	191	John Evans	Mv65	Aber AC	M
66	26.38	188	Stephanie Warrick	Fv65	Rhayader	F
67	26.42	179	Jacqueline Leary	Fv35	Maldwyn	F
68	26.42	178	Bradlee Joseph	M<20		M
69	27.00	44	Emma Stewardson	Fv35	Ludlow	F
70	27.04	196	Sandy Cowen	Mv45	Aber AC	M
71	27.11	67	Amy Davies	FS	Builth	F
72	27.12	176	Karen Bebb	Fv45	Maldwyn	F
73	27.12	52	Jan Shanahan	Fv45	Maldwyn	F
74	27.19	53	Emma Jones	Fv35	maldwyn	F
75	27.24	102	Michelle Hall	Fv45	Rhayader	F
76	27.29	12	Angela Davies	Fv45	Rhayader	F
77	27.39	197	Ian Budd	Mv45	Wrekin Road Runners	M
78	27.42	6	Peter Hogarth	Mv65		M
79	27.49	209	Owen Cooper	Mv65	Road Runners	M
80	28.21	71	Deb Clee	Fv45	Presteigne	F
81	28.32	112	Jane Kerr	Fv45	Builth	F
82	28.44	166	Dawn Haynes	Fv45		F
83	28.49	210	Helen Stretch	Fv65	Aber AC	F
84	29.12	54	Hayley Hughes	Fv35	Maldwyn	F
85	29.24	165	Michelle Beeson	Fv45	Maldwyn	F
86	30.27	195	Jane Thorogood	Fv45	Aber AC	F
87	30.52	194	Irene Griffiths	Fv35	Aber AC	F
88	31.44	90	Shan Breese	Fv55	Aber AC	F
89	33.23	169	Carol Farrington	Fv65	Rhayader	F
90	34.48	7	Caroline Orrells	FV55	Maldwyn	F
91	35.14	92	Marjorie Griffiths	Fv65	Bro Dysynni	F