



RRC 5k Series 2022 1st Race

Pos	No.	Forename	Club	Age group	Gender	Local	time	
1	349	Schiavone	Owain	Aberystwyth AC	MV35	M	0	16:43:00
2	337	Morris	Phil	Builth & District	MV35	M	0	17:15:00
3	316	Edwards	Charlie	Maldwyn Harriers	MS	M	0	17:19:00
4	362	Davies	Gary	Aberystwyth AC	M35	M	0	17:29:00
5	308	Daly	George	Bristol & West AC	MV35	M	0	17:45:00
6	348	Roberts	Tomos	Cardiff AC	MS	M	0	18:05:00
7	336	Morris	Donna	Builth & District Cerist Triathlon Club	FV35	F	0	18:08:00
8	306	Carter	Jimmy	Club	MV35	M	0	18:28:00
9	339	O'Reilly	Haydn	Builth & District Mercia Fell Runners	MV35	M	0	18:30:00
10	335	Marston	Matthew	Runners	MS	M	0	18:36:00
11	352	Sivell	David	0	MV35	M	0	18:54:00
12	343	Price	Lee	0	MV45	M	0	18:59:00
13	360	Williams	Paul	Aberystwyth AC	MV55	M	0	19:32:00
14	355	Sullivan	Matthew	Builth & District	MS	M	0	19:45:00
15	350	Shackleton	Lee	Hereford Couriers	MV55	M	0	19:52:00
16	321	Hambridge	Stephen	Builth & District	MV35	M	0	20:06:00
17	346	Price	Gareth	Builth & District	MV35	M	0	20:21:00
18	332	Lawrence	Gareth	Builth & District	MS	M	0	20:37:00
19	345	Price	Josh	Builth & District	MS	M	0	20:54:00
20	329	Jones	Kate	Builth & District	FS	F	0	20:55:00
21	361	Williams	Colin	Builth & District	MV55	M	0	20:58:00
22	307	Cook	Sophie	Builth & District	FV35	F	0	21:17:00
23	347	Pugh	Phillip	Maldwyn Harriers	MV35	M	0	21:17:00
24	363	Davies	Caryl	Sarn Helen	FS	F	0	21:36:00
25	310	Davies	Tony	Rhayader RC	MV55	M	0	22:34:00
26	317	Farrow	Jenny	Builth & District	FV45	F	0	22:41:00
27	324	Hillier	Richard	0	MS	M	0	22:52:00
28	328	Jones	Ifan	Maldwyn Harriers	MV55	M	0	23:01:00
29	323	Harris	Phillip	Builth & District	MV35	M	0	23:12:00
30	305	Carter	Helen	Builth & District	FV55	F	0	23:13:00
31	333	Lewis	Jo	Maldwyn Harriers	FV45	F	0	23:23:00
32	356	Sutherland	David	Builth & District	MV55	M	0	23:36:00
33	319	Francis	Rob	Maldwyn Harriers	MV35	M	0	23:52:00
34	313	Dunster	Kevin	Hay Hotfooters	MV55	M	0	24:02:00
35	364	Jones	Steve	0	MS	M	0	24:22:00
36	354	Speake	Celia	Builth & District	FV45	F	0	24:40:00
37	326	Humphreys	Dave	Aberystwyth AC	MV55	M	0	25:29:00
38	344	Price	Shannon	Builth & District	FS	F	0	25:32:00
39	358	Watt	Ron	0	MV55	M	0	25:43:00
40	353	Slater	Liz	0	FV65	F	0	25:46:00
41	304	Brown	Alexander	Builth & District	MV45	M	0	25:51:00
42	315	Fitzgerald	Simon	Rhayader RC	MV45	M	0	26:12:00
43	309	Daly	Liam	Builth & District	MV55	M	0	27:04:00
44	314	Fitzgerald	Catherine	Rhayader RC	FV45	F	0	27:19:00
45	312	Davies	Raymond	0	MV35	M	0	27:23:00
46	351	Sharratt	Ray	Rhayader RC	MV75	M	0	27:32:00
47	318	Fletcher	Georgina	Maldwyn Harriers	FV55	F	0	27:42:00
48	359	Wilding	Hannah	Builth & District	FS	F	0	27:53:00
49	342	Pearson	Katie	0	FS	F	0	28:00:00
50	330	Jones	Emma	Maldwyn Harriers	FV35	F	0	28:12:00
51	303	Broome	Aly	Rhayader RC	FV35	F	0	28:12:00
52	331	Kelly	Nicola	Builth & District	FV45	F	0	28:17:00
53	327	Jones	Diane	Maldwyn Harriers	FV45	F	0	28:32:00
54	340	Orrells	Steve	Maldwyn Harriers	MV65	M	0	28:42:00



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55	322	Hardwick	Avril	Builth & District	FV35	F	0	31:00:00
56	341	Orrells	Caroline	Maldwyn Harriers	FV55	F	0	31:51:00
57	357	Watt	Evie	Rhayader RC	FS	F	0	32:46:00
58	301	Banfield	Sandra	Dolly Mixtures	FV55	F	0	33:07:00
59	325	Hughes	Lisa	Builth & District	FV35	F	0	47:14:00



RRC 5k Series 2022 2nd Race

Pos	No.	Forename	Club	Age group	Gender	time	
1	349	Schiavone	Owain	Aberystwyth AC	MV35	M	16:38:00
2	316	Edwards	Charlie	Maldwyn Harriers	MS	M	17:03:00
3	337	Morris	Phil	Builth & District	MV35	M	17:22:00
4	348	Roberts	Tomos	Cardiff AC	MS	M	17:55:00
5	336	Morris	Donna	Builth & District	FV35	F	18:02:00
6	335	Marston	Matthew	Mercia Fell Runners	MS	M	18:12:00
7	366	Copus	Martin	Maldwyn Harriers	MV35	M	18:15:00
8	339	O'Reilly	Haydn	Builth & District	MV35	M	18:36:00
9	368	Iveson	Jacob	Builth & District	MS	M	18:56:00
10	343	Price	Lee	0	MV45	M	19:06:00
11	352	Sivell	David	0	MV35	M	19:12:00
12	360	Williams	Paul	Aberystwyth AC	MV55	M	19:32:00
13	355	Sullivan	Matthew	Builth & District	MS	M	19:33:00
14	350	Shackleton	Lee	Hereford Couriers	MV55	M	19:40:00
15	371	Simmons-Sandy	Kameron	Cerist Triathlon Club	MS	M	19:42:00
16	372	Thomas	Joshua	Builth & District	MS	M	20:02:00
17	321	Hambridge	Stephen	Builth & District	MV35	M	20:03:00
18	332	Lawrence	Gareth	Brecon AC	MS	M	20:07:00
19	307	Cook	Sophie	Builth & District	FV35	F	20:14:00
20	346	Price	Gareth	Builth & District	MV35	M	20:24:00
21	329	Jones	Kate	Builth & District	FS	F	20:34:00
22	345	Price	Josh	Builth & District	MS	M	21:04:00
23	367	Davies	Wayne	Maldwyn Harriers	MV35	M	21:12:00
24	374	Rees	Joanne	Builth & District	FV45	F	21:24:00
25	347	Pugh	Phillip	Maldwyn Harriers	MV35	M	21:32:00
26	363	Davies	Caryl	Sarn Helen	FS	F	21:38:00
27	310	Davies	Tony	Rhayader RC	MV55	M	22:06:00
28	369	Jakeman	Stephen	Maldwyn Harriers	MV55	M	22:22:00
29	324	Hillier	Richard	0	MS	M	22:33:00
30	328	Jones	Ifan	Maldwyn Harriers	MV55	M	22:49:00
31	323	Harris	Phillip	Builth & District	MV35	M	23:05:00
32	319	Francis	Rob	Maldwyn Harriers	MV35	M	23:06:00
33	311	Davies	Steve	Rhayader RC	MV45	M	23:07:00
34	317	Farrow	Jenny	Builth & District	FV45	F	23:21:00
35	364	Jones	Steve	0	MS	M	23:39:00
36	356	Sutherland	David	Builth & District	MV55	M	23:42:00
37	375	Troelsen	Gunvor	Builth & District	FV55	F	24:24:00
38	305	Carter	Helen	Builth & District	FV55	F	24:31:00
39	365	Copus	Chris	Maldwyn Harriers	MV65	M	25:27:00
40	353	Slater	Liz	0	FV65	F	25:36:00
41	315	Ealey-Fitzgerald	Simon	Rhayader RC	MV45	M	25:36:00
42	359	Wilding	Hannah	Builth & District	FS	F	26:02:00
43	312	Davies	Raymond	0	MV35	M	26:17:00
44	370	Kendrick	Suzanne	Rhayader RC	FV55	F	26:19:00
45	309	Daly	Liam	Builth & District	MV55	M	26:43:00
46	351	Sharratt	Ray	Rhayader RC	MV75	M	27:00:00
47	314	Ealey-Fitzgerald	Catherine	Rhayader RC	FV45	F	27:15:00
48	318	Fletcher	Georgina	Maldwyn Harriers	FV55	F	27:30:00
49	330	Jones	Emma	Maldwyn Harriers	FV35	F	27:58:00
50	338	Morris	Gareth	Builth & District	MV55	M	28:03:00



RRC 5k Series 2022 2nd Race

51	331	Kelly	Nicola	Builth & District	FV45	F	28:23:00
52	327	Jones	Diane	Maldwyn Harriers	FV45	F	28:39:00
53	303	Broome	Aly	Rhayader RC	FV35	F	29:23:00
54	322	Hardwick	Avril	Builth & District	FV35	F	30:09:00
55	357	Watt	Evie	Rhayader RC	FS	F	31:21:00
56	340	Orrells	Steve	Maldwyn Harriers	MV65	M	33:09:00
57	301	Banfield	Sandra	Dolly Mixtures	FV55	F	33:10:00
58	341	Orrells	Caroline	Maldwyn Harriers	FV55	F	47:00:00



Rhayader Running Club 5k Series, 3rd race results. 8th June 2022

1	349	Schiavone	Owain	Aberystwyth AC	MV35	M	0	16:43:00
2	316	Edwards	Charlie	Maldwyn Harriers	MS	M	0	17:12:00
3	337	Morris	Phil	Builth & District	MV35	M	0	17:24:00
4	386	Roberts	Morgan	0	MS	M	0	17:35:00
5	335	Marston	Matthew	Mercia Fell	MS	M	0	17:43:00
Runners								
6	348	Roberts	Tomos	Cardiff AC	MS	M	0	17:43:00
7	336	Morris	Donna	Builth & District	FV35	F	0	18:00:00
8	366	Copus	Martin	Maldwyn Harriers	MV35	M	0	18:02:00
9	339	O'Reilly	Haydn	Builth & District	MV35	M	0	18:04:00
10	343	Price	Lee	0	MV45	M	0	18:53:00
11	352	Sivell	David	0	MV35	M	0	19:05:00
12	355	Sullivan	Matthew	Builth & District	MS	M	0	19:17:00
13	376	Davies	Rhys	Builth & District	MS	M	0	19:34:00
14	371	Simmons-Sandy	Kameron	Cerist Triathlon Club	MS	M	0	19:39:00
15	332	Lawrence	Gareth	Brecon AC	MS	M	0	19:41:00
16	360	Williams	Paul	Aberystwyth AC	MV55	M	0	19:42:00
17	350	Shackleton	Lee	Hereford Couriers	MV55	M	0	19:46:00
18	307	Cook	Sophie	Builth & District	FV35	F	0	20:15:00
19	345	Price	Josh	Builth & District	MS	M	0	20:17:00
20	321	Hambridge	Stephen	Builth & District	MV35	M	0	20:27:00
21	367	Davies	Wayne	Maldwyn Harriers	MV35	M	0	20:42:00
22	346	Price	Gareth	Builth & District	MV35	M	0	20:45:00
23	329	Jones	Kate	Builth & District	FS	F	0	20:51:00
24	374	Rees	Joanne	Builth & District	FV45	F	0	21:05:00
25	347	Pugh	Phillip	Maldwyn Harriers	MV35	M	0	21:18:00
26	392	Davies	Richard	0	MS	M	0	21:23:00
27	363	Davies	Caryl	Sarn Helen	FS	F	0	21:32:00
28	388	Rowlands	Tom	0	MV65	M	0	21:39:00
29	361	Williams	Colin	Builth & District	MV55	M	0	21:46:00
30	377	Evans	Jenny	Maldwyn Harriers	FV35	F	0	22:10:00
31	310	Davies	Tony	Rhayader RC	MV55	M	0	22:23:00
32	379	Hutchinson	Terry-John	0	MV45	M	0	22:28:00
33	369	Jakeman	Stephen	Maldwyn Harriers	MV55	M	0	22:49:00
34	324	Hillier	Richard	0	MS	M	0	23:09:00
35	305	Carter	Helen	Builth & District	FV55	F	0	23:19:00
36	319	Francis	Rob	Maldwyn Harriers	MV35	M	0	23:22:00
37	378	Humphreys	Scott	Builth & District	MS	M	0	23:23:00
38	364	Jones	Steve	0	MS	M	0	23:40:00
39	356	Sutherland	David	Builth & District	MV55	M	0	23:47:00
40	323	Harris	Phillip	Builth & District	MV35	M	0	23:52:00
41	375	Troelsen	Gunvor	Builth & District	FV55	F	0	23:59:00
42	333	Lewis	Jo	Maldwyn Harriers	FV45	F	0	24:00:00
43	365	Copus	Chris	Maldwyn Harriers	MV65	M	0	24:55:00
44	353	Slater	Liz	0	FV65	F	0	25:14:00
45	312	Davies	Raymond	0	MV35	M	0	25:28:00
46	344	Price	Shannon	Builth & District	FS	F	0	25:31:00
47	326	Humphreys	Dave	Aberystwyth AC	MV55	M	0	25:41:00
48	315	Ealey-Fitzgerald	Simon	Rhayader RC	MV45	M	0	25:44:00
49	387	Robinson	Isabelle	Builth & District	FS	F	0	25:47:00
50	370	Kendrick	Suzanne	Rhayader RC	FV55	F	0	26:12:00
51	359	Wilding	Hannah	Builth & District	FS	F	0	26:26:00
52	314	Ealey-Fitzgerald	Catherine	Rhayader RC	FV45	F	0	27:41:00
53	331	Kelly	Nicola	Builth & District	FV45	F	0	27:53:00
54	318	Fletcher	Georgina	Maldwyn Harriers	FV55	F	0	28:00:00
55	384	Price	Rebecca	Builth & District	FS	F	0	28:17:00
56	330	Jones	Emma	Maldwyn Harriers	FV35	F	0	28:28:00



Rhayader Running Club 5k Series, 3rd race results. 8th June 2022

57	338	Morris	Gareth	Builth & District	MV55	M	0	28:44:00
58	327	Jones	Diane	Maldwyn Harriers	FV45	F	0	28:51:00
59	303	Broome	Aly	Rhayader RC	FV35	F	0	28:57:00
60	351	Sharratt	Ray	Rhayader RC	MV75	M	0	29:40:00
61	322	Hardwick	Avril	Builth & District	FV35	F	0	30:00:00
62	381	Morgan	Stephanie	Builth & District	FV65	F	0	30:07:00
63	301	Banfield	Sandra	Dolly Mixtures	FV55	F	0	33:46:00
64	309	Daly	Liam	Builth & District	MV55	M	0	33:55:00
65	380	Marshall-Smart	Christine	Dolly Mixtures	FV55	F	0	35:09:00
66	382	Price	Derek	Rhayader RC	MV65	M	0	35:40:00