



# Rhayader 5K Race Series 2016

Second Race 25/05/2016

Position	Name	Category	Club	Time
1	Robin Woods	MS	-	16-59
2	Edward Hand	MS	Aber AC	17-03
3	Gary Davies	MS	Aber AC	17-05
4	Gruffudd Jenkins	MS	Aber Uni	17-15
5	Morgan Mitchell	MS	Aber Uni	17-17
6	Jonathan Ryan	MS	Aber Uni	17-41
7	Ina Stevens	MS	Aber Uni	18-45
8	Sam Lesley	MS	Aber Uni	18-47
9	Neil Godsell	MS	-	18-55
10	Adam Thomas	MS	Maldwyn	19-34
11	Mark Williams	MS	Rhayader	19-35
12	Ieuan Williams	MS	Builth	19-37
13	Rhys Thomas	MS	-	20-06
14	David Ashmore	MS	West End	20-07
15	Nick Williams	M40	Maldwyn	20-15
16	Aled Skym	MS	Aber Uni	20-17
17	Steven Smith	MS	Rhayader	20-25
18	Hefin Rowlands	MS	-	20-27
19	Jamie Dumayne	MS	Aber Uni	20-29
20	George Eadon	MS	Sarn Helen	20-37
21	Paul Thomas	M50	Maldwyn	20-49
22	Gwynant Jones	MS	Maldwyn	20-50
23	David Cowzil	MS	Aber Uni	20-52
24	David Manuel	M40	Maldwyn	20-56
25	Ben Gaskell	MS	-	21-01
26	Guto Broschot	MS	Aber Uni	21-03
27	John Leafe	MS	-	21-05
28	Paul Walby	MS	-	21-07
29	Thomas Reeves	MS	Aber Uni	21-07
30	Donna Morris	FS	Builth	21-08
31	Christopher Judge	MS	Aber Uni	21-08
32	Philip Lowther	M50	Aber AC	22-05
33	Carwyn Price	MS	Rhayader	22-10
34	Alun Jenkins	M50	Rhayader	22-16
35	Caryl Wyn Davies	FS	Sarn Helen	22-35
36	Tony Davies	M50	Rhayader	22-51
37	Mary Morton	F35	Rhayader	22-55
38	Paul Corson	MS	-	22-56
39	Bryan Clee	M40	Presteigne	22-58
40	Amy Greaves	FS	-	23-00
41	Ifan Lewis Jones	M50	Maldwyn	23-04
42	Peter Jones	MS	Aber Uni	23-24
43	Mark William Davies	M40	-	23-36
44	Donna Johns	FS	-	23-41
45	Gunvor Troelsen	F45	Builth	23-45
46	Ian Budd	M40	Wrekin	23-46
47	Matthew Humphries	MS	-	24-48
48	Noemi Gal	F35	Builth	24-49
49	Steve Davies	M40	-	24-54
50	Catrin Gaskell	FS	-	24-56
51	Gareth Evans	M40	-	25-27
52	John Evans	M70	Aber AC	25-35



# Rhayader 5K Race Series 2016

Second Race 25/05/2016

<b>Position</b>	<b>Name</b>	<b>Category</b>	<b>Club</b>	<b>Time</b>
53	Jane Kerr	F45	Builth	25-52
54	Ray Sharratt	M70	Rhayader	26-21
55	Charlotte Robinson	FS	Aber Uni	26-35
56	Hannah Wyatt	FS	Aber Uni	26-35
57	Nicola Kelly	F45	Builth	26-52
58	Liam Daly	M50	Builth	26-53
59	Joanne Walton	F35	Brecon	27-16
60	Jane Shanahan	F45	Maldwyn	27-28
61	Janine Johns	F45	-	27-38
62	Simon Gough	M50	-	27-50
63	Carol Farrington	F65	Rhayader	28-13
64	Sarah Leyland-Jones	F45	-	28-13
65	Guy Morgan	M50	-	28-14
66	Bethan Drew	FS	-	28-18
67	Bev Smith	F45	-	28-21
68	Sara King	F35	Rhayader	28-21
69	Kelly Leafe	F35	Rhayader	28-50
70	Anabelle Lowe	F35	Aber AC	28-53
71	Cheryl Thompson	F45	-	28-56
72	Jackie Jones	F45	-	29-29
73	Jude Boutle	F45	Rhayader	29-30
74	Flo Greaves	F35	-	29-31
75	Diane Jones	F45	Maldwyn	29-42
76	Catrin Hopkins	FS	Aber AC	29-44
77	Andrea Burton	FS	-	29-49
78	Wendy Davies	F35	-	31-07
79	Charlie Gough	FS	-	31-17
80	Tina Lewis	F45	-	31-18
81	Sue Cox	F45	-	32-02
82	Marjorie Griffiths	F65	Bro Dysynni	33-11
83	Barbara Gough	F35	-	36-54
84	Susan Davies	F45	-	36-54