Rhayader Running Club 5k race results
14th May 2025

	BIB NO.	SURNAME	NAME	CLUB	Age group	GENDER	TIME	
1	222	Morris	Donna	Builth & District	V35	Female	00:18:22	1st Female
2	257	Wilding	Dave	0	V35	Male	00:18:27	1st Male
3	213	Thomas	Dean	Maldwyn Harriers	V35	Male	00:18:33	2nd Male
4	206	Jones	James	Builth & District	SM	Male	00:18:43	3rdMale
5	207	ap Rhobat	Gwern	0	SM	Male	00:18:44	1st Male senior
6	224	Childs	Shelley	Aberystwyth Athletic Club	V45	Male	00:18:47	1st Male V45
7	218	Copus	Martin	Maldwyn Harriers	V35	Male	00:18:52	1st Male V35
8	227	OReilly	Haydn	Builth & District Running Club	V45	Male	00:19:03	
9	216	Jones	steve	Maldwyn Harriers	V35	Male	00:19:07	
10	238	Williams	Paul	Aberystwyth Athletic Club	V55	Male	00:19:13	1st Male V55
11	214	Thomas	Hannah	Maldwyn Harriers	V35	Female	00:19:22	2nd Female
12	263	Gaskell	Ben	Builth & District Running Club	V35	Male	00:20:36	
13	208	Mills	Kate	Builth and District Running Club	SM	Female	00:20:55	3rd Female
14	231	Belcher	Justin	Builth & District	V45	Male	00:20:56	
15	258	Davies	Caden	0	U20	Male	00:21:03	1st Male U20
16	229	Drainey	Carl	Builth & District	V45	Male	00:21:13	
17	261	Pugh	Philip	Maldwyn Harriers	V35	Male	00:21:16	
18	254	Morris	Fred	0	V45	Male	00:21:30	
19	220	Sadie	Mel	Builth & District	V35	Female	00:21:47	1st Female V35
20	256	Davies	Tony	Rhayader RC	V55	Male	00:21:55	
21	215	Cook	Sophie	Builth & District	V35	Female	00:22:09	
22	233	Hardaway	Ali	Builth & District	V55	Male	00:22:12	
23	230	Prynne	Christian	Builth & District Running Club	V45	Male	00:22:33	
24	212	Bradley	Catherine	Maldwyn Harriers	V35	Female	00:22:36	
25	252	Harrison	Paul	Builth & District running club	V65	Male	00:23:03	1st Male V65
26	264	Gaskell	Catrin	Builth & District Running Club	SM	Female	00:23:13	1st Female senior
27	243	Troelsen	Gunvor	Builth & District Running Club	V55	Female	00:23:22	1st Female V55
28	250	Gonnella	Malc	Builth & District	V65	Male	00:23:29	
29	244	Seed	Georgina	Parc Bryn Bach Running Club	V55	Female	00:23:53	
30	221	Hounsome-Smith	Jeanie	Builth and district running club	V35	Female	00:24:02	
31	202	Jones	Sioned	0	SM	Female	00:25:52	
32	266	Morton	Mary	Rhayader RC	V45	Female	00:26:03	1st Female V45
33	219	Lloyd	Caryl	Llamwyr Llyn	V35	Female	00:26:12	
34	217	Rollinson	Lianne	Builth & District Running Club	V35	Female	00:26:50	
35	228	Drainey	Claire	Builth & District	V45	Female	00:26:56	
36	201	Price	Holly	0	MU20	Female	00:27:14	1st Female U20
37	245	Jones	Philip	Maldwyn Harriers	V65	Male	00:27:26	
38	237	Price	Paul	Builth & District	V55	Male	00:27:33	
39	234	Edwards	Eira	Rhayader	V55	Female	00:27:38	
40	267	Smythe	Dean	Vegan Runners UK	V45	Male	00:27:40	
41	251	Copus	Chris	Maldwyn Harriers	V65	Male	00:27:45	
42	225	Pullen	Joanne	Builth & District	V45	Female	00:28:16	
43	253	Seed	Paul	Parc Bryn bach	V65	Male	00:28:35	

44	255	Davies	Melissa	Builth & District	V45	Female	00:28:43	
45	209	Price	Ffion	0	SM	Female	00:29:18	
46	259	Hammonds	Paul	Builth & District Running Club	V55	Male	00:29:23	
47	204	Harris	Kate	0	SM	Female	00:29:36	
48	205	Wilding	Hannah	0	SM	Female	00:29:41	
49	265	Curry	Beth	Builth & District Running Club	V35	Female	00:29:55	
50	203	Harrison	Georgia	Builth & District	SM	Female	00:30:02	
51	239	Owens	Debbie	Builth & District running clubclub	V55	Female	00:30:03	
52	241	Harrison	Tina	Builth & District	V55	Female	00:30:11	
53	232	Stedman	Jeanette	Builth and District Running Club	V55	Female	00:30:14	
54	223	Nelson	Layla	Builth & District	V45	Female	00:31:06	
55	249	Morgan	Stephanie	Builth & District	V65	Female	00:31:17	1st Female V65
56	240	McCarthy	Helen	Builth & District	V55	Female	00:31:31	
57	262	Evans	Callum	0	SM	Male	00:31:48	
58	260	Jones	Ffion	0	SM	Female	00:31:50	
59	236	Kenny	Reachel	Croft Ambrey RC	V55	Female	00:34:50	
60	246	Stocker	Carrol	Presteigne Pacers	V65	Female	00:45:35	
61	211	Sharland	Theresa	Aberystwyth AC	V35	Female	Withdrew	